

Gender Quest Workbook Exploring Identity

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~~The Gender Quest Workbook: A Guide for Teens and Young ...~~

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The Gender Quest Workbook is an invaluable resource for any youth wanting to explore their gender, and for the professionals and family members accompanying the youth on their venture. Just a generation ago, youth gender quests remained a topic of which we did not speak. The Gender Quest Workbook has broken that sound barrier by giving

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The Gender Quest Workbook: A Guide for Teens and Young Adults Exploring Gender Identity Paperback – Dec 1 2015 by Rylan Jay Testa PhD (Author), Deborah Coolhart PhD Lmft (Author), Jayme Peta Ma MS (Author), 4.7 out of 5 stars 50 ratings See all formats and editions

~~The Gender Quest Workbook: A Guide for Teens and Young...~~

This workbook is a wonderful resource for teens and young adults who have questions about their gender. The authors present complex information in clear language with plenty of examples, followed by questions and exercises to help each youth develop deeper self-understanding.

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