

## Happy Together Using The Science Of Positive Psychology To Build Love That Lasts

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Happy Together: Using the Science of Positive Psychology to Build Love That Lasts. In fairy tales, lasting love just happens. But in real life, healthy habits are what build happiness over the long haul. Happy Together, written by positive psychology experts and husband-and-wife team Suzann Pileggi Pawelski and James O. Pawelski, is the first book on using the principles of positive psychology to create thriving romantic relationships.

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