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Introduction 1 1 Introduction In the past, the man has been fi rst; in the future, the system must be fi rst. (Frederick Winslow Taylor, The Principles of Scienti fi c Management, 1911, p. 7) Ergonomics is the study of the interaction between people and machines and the factors that affect the interaction. Its purpose is to improve the performance of

Introduction to Ergonomics

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This engineering-oriented text is aimed at the introductory course in ergonomics usually required of industrial engineering majors. The text should also be useful in ergonomics courses taught in departments of psychology and should prove useful to professors teaching courses in biomechanics in any department. The book provides a blend of the physical techniques and the cognitive aspects of ...

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Introduction to ergonomics Bridger, R. S A comprehensive introduction to the field, this book contains more than 20 worked examples of ergonomic problem solving and an instructor's manual with solutions to more than 200 problems

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