

Nutrition Flashcards Chapter 1

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Nutrition Chapter 1. STUDY. Flashcards. Learn. Write. Spell. Test. PLAY. Match. Gravity. Created by. cbs21000. Key Concepts: Terms in this set (88) A certain amount of fiber in foods contributes to the health of the digestive tract, but too much fiber leads to nutrient losses. The characteristic of diet planning illustrated by this statement is ...

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Nutrition Chapter 1. STUDY. Flashcards. Learn. Write. Spell. Test. PLAY. Match. Gravity. Created by. mushimay87. NTR 213. Terms in this set (35) Processes of Nutrition is studied at four levels. What are they? 1. Nutritional Genomics (genes and our body) 2. Cell & Molecular Nutrition (metabolism, molecular level) 3. Clinical Nutrition (lab ...

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Nutrition Chapter 1. STUDY. Flashcards. Learn. Write. Spell. Test. PLAY. Match. Gravity. Created by. patti_noriega. Key Concepts: Terms in this set (52) Heart disease is a cause of death that is directly related to nutrition. True or False. True.

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Chapter 1 - Evolution and The Science of Nutrition ...

1) Which of the following BEST describes nutrition? A) Nutrition is not a science. B) Nutrition is the science that studies food and how food nourishes our bodies and influences our health. C) Nutrition is an ancient science that dates back to the fourteenth century. D) Nutrition is the science of food.

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