

## Starving In Search Of Me A Coming Of Age Story Of Overcoming An Eating Disorder And Finding Self Acceptance

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Readers of this riveting memoir, *Starving in Search of Me*, will relate to the coming-of-age story of a young woman confronting some of life's major issues while living, for a time, in two closets: one to hide her eating disorder and one to hide her sexuality and very identity. What You'll Learn Inside This Book:

Amazon.com: *Starving In Search of Me: A Coming-of-Age ...*

"*Starving In Search of Me* is a true companion piece for anyone who has ever struggled with food or themselves. Marissa dives deep into the emotional layers we all struggle with and offers readers a compassionate voice and the opportunity to simply be themselves." -Lindsey Smith, award-winning author of *Food Guilt No More*

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Starving In Search of Me: A Coming-of-Age Story of ...

*Starving in Search of Me* resolves with hope and an abundance of insights, tools, and resources to support eating disorder sufferers and members of the LGBTQ community alike. It's a head-on journey toward total self-acceptance that will nourish the spirit and inspire readers to embrace their differences and nurture their authentic selves.

Amazon.com: Starving in Search of Me (Audible Audio ...

Price: (as of – Details) *The True Confessions of an Eating Disorders Survivor* This confessional self-help guide explores the complex emotional truth of what it's like when food, weight, and body image take priority over every other human impulse or action. Activist author Marissa LaRocca's revelatory tale includes her struggle with her secrets, including sexuality, [...]

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*Starving in Search of Me* takes the reader on a journey through darkness, to a present focus, to enlightenment by sincerely desiring change, by recognizing established patterns of behavior, and by surrendering to that place of trust within ourselves where true healing comes from -our hearts.

Amazon.com: Customer reviews: Starving In Search of Me: A ...

*Starving in Search of Me* resolves with hope and an abundance of insights, tools, and resources to support eating disorder sufferers and members of the LGBTQ community alike. It's a head-on journey toward total self-acceptance that will nourish the spirit and inspire readers to embrace their differences and nurture their authentic selves.

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