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*MYSTERY INGREDIENT COOKING CHALLENGE ???MY COOK BOOK!!! | @avantgardevegan by Gaz Oakley ~~QUARANTINE MEALS — store cupboard ingredients (vegan) VEGAN CHEESE STEAK \u0026amp; MY EPIC TOUR VEGAN BBQ BASED PAN PIZZAS, EASY!~~ Vegan 100 Over 100 Incredible*

The emphasis in Gaz's 100 amazing vegan recipes is first and foremost on FLAVOUR. From Kentucky Fried Chick'n and Fillet "Steak" Wellington to Chocolate Tart and Summer Berry Mousse Cake, it's all incredible-tasting food that just happens to be vegan.

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[gallery] Tempted to try your hand at vegan food but don't know where to start? Or even just to make meat-free Monday a regular thing? Long gone are the

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Long gone are the days of vegan food being dull and worthy: Vegan 100 is bold, vibrant and gorgeous. The emphasis in Gaz's 100 tempting vegan recipes is first and foremost on FLAVOR. From Deep Purple Soup to Sage and Smoked Chilli "Dog", through vegan "Fish and Chips" to Chocolate Tart and Raw Cacao "Cheesecake", it's all incredible-tasting food that just happens to be vegan.

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*John Smith's - Vegan 100: Over 100 incredible recipes from ...*

from Vegan 100: Over 100 Incredible Recipes from Avant-Garde Vegan Vegan 100 by Gaz Oakley Categories: Breakfast / brunch; Vegan; Vegetarian Ingredients: vegetable stock; dried porcini mushrooms; coconut oil; red onions; garlic; apples; apple juice; tomato purée; white miso; sea salt; black peppercorns; ground cayenne pepper; dried sage; fennel seeds; vital wheat gluten; chickpea flour

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Overnight, he decided to go vegan for the health benefits, for his love of animals and to do his part in looking after the planet. Product Details: Author: Gaz Oakley. Vegan 100: Over 100 incredible recipes from Avant-Garde Vegan | Gaz Oakley 9781787131248 | eBay

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Gaz Oakley. Vegan 100 : Over 100 Incredible Recipes from Avant-Garde Vegan. cover image: The cover artwork may differ from the image displayed as publishers occasionally change the artwork. We usually

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*Vegan 100 by Gaz Oakley | Waterstones*

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Hi Guys, It's Gaz & welcome to Avant Garde Vegan by Gaz Oakley website, I have hand-picked some of my favourite recipes I would love to share with you.

*Welcome to Avant Garde Vegan by Gaz Oakley | Vegan Recipes*

The emphasis in Gaz's 100 amazing vegan recipes is first and foremost on flavour. From Kentucky Fried Chick'n and Fillet "Steak" Wellington to Chocolate Tart and Summer Berry Mousse Cake, it's all incredible-tasting food that just happens to be vegan.

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